

Intensive Aikido Course in TAKEMUSU AIKIDO

<http://www.budokilkenny.com/>
<http://aikidoorganisationofireland.wordpress.com/>

Full Course: 45€, Unemployed 30€, U18: 20€
Info Ireland: aikijoseph@gmail.com +353 0857245321
Info Italy: schierchini@gmail.com +39 3453943286

Fri 6:30-7:30 Bukiwaza Jo, 7:30-8:30 Bukiwaza Ken,
8:30-9:30 Taijutsu; Sat 9-11 Bukiwaza Jo,
11-12.30 Taijutsu; 3-5 Bukiwaza Ken, 5-6.30 Taijutsu;
From 6.30 Aikikai Dan Grading Session
Sun 9-11 Bukiwaza Jo, 11-12.30 Taijutsu;
2-3.30 Bukiwaza Ken, 3.30-5 Taijutsu

SIMONE CHIERCHINI
5TH DAN AIKIKAI

24-25-26 MAY 2013
KILKENNY, IRELAND